

S. No. 2008

Roll No.....

Master of Physical Education
M.P.Ed./Semester-II-May -2016
Paper-MPE-0803 (vi) Game of Specialization
(Football)

Time: 3 Hours

Maximum Marks: 50

(Write your Roll No. on the top immediately on receipt of this question paper)

Note: Attempt any five questions. All questions carry equal marks

- Q.1. Write in detail on long term plan for conducting any football tournament. (10)
- Q.2. Construct any one attacking or defensive tactics coaching lesson plan in football. (10)
- Q.3. Explain the psychological preparation of a football players for higher performance. (10)
- Q.4. The technique of coaching pep talk coaching and pre-match coaching. Explain. (10)
- Q.5. What you understand by coaching? Explain individual and group coaching. (10)
- Q.6. What you understand by training load and adaptation. Explain. (10)
- Q.7. Write an essay on the historical development of football in India. (10)
- Q.8. Write short notes on **any two** of the following: (5+5=10)
- (a) Preventive and safety measures.
 - (b) Ankle Sprain.
 - (c) Finger injuries.